

Improving attention



Have faith...believe you can!

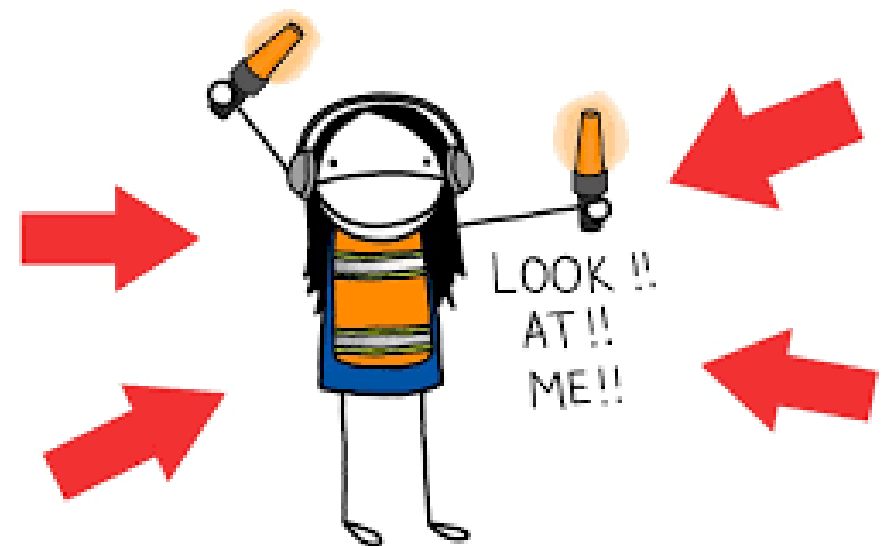
Improving Attention

Limitations of attention:

- Capacity
- Distractions
- Mental effort

Potential Strategies:

1. Increasing focus
2. Increasing motivation
3. Modelling



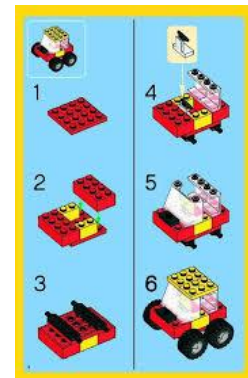
1. Increasing Focus



Interactive



Questioning



Give clear instructions



Pause points

2. Increasing Motivation

- Ownership through *choice*
- *Varying activities* in lesson/homework
- *Collaboration* tasks
- *Relevance* of learning



padlet



Jamboard

3. Modelling

- *Demonstration* of a skill or strategy
- Builds *confidence* for application to unseen questions
- Well planned & *explicit*



In Summary...



To support attention:

1. Increase focus
2. Increase motivation
3. Modelling