

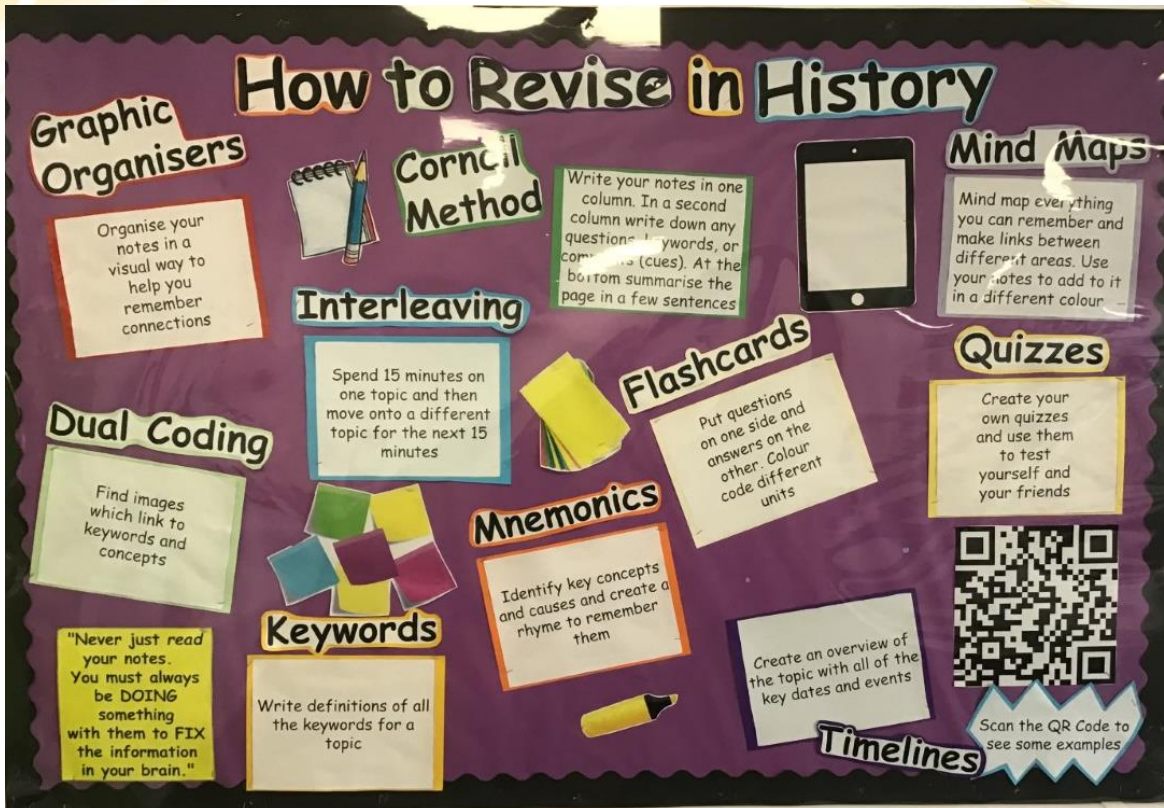
# Exam Wrappers



Exam wrappers encourage students to **critically evaluate their own learning.**

- Include a number of questions/activities that students engage in before and/or after they complete an assessment
- Focus on their study strategies and help them learn from mistakes.
- Are most suitable for formative and summative mid-term assessments.

*Marsha Lovett (2013) Make Exams Worth More Than the Grade: Using Exam Wrappers to Promote Metacognition*



Circle which statement applies to your exam preparation...

A) I have been regularly revising since the start of the year

B) I started revising a month before the exam

C) I started revising one to two weeks before the exam

D) I started revising the night before the exam

E) I did little to no revision (a few hours)

Colour in the strategies you used to help you prepare for the exam...	
Graphic organisers (visual organisation of notes)	Cornell Method
Interleaving	Flashcards
Quizzes e.g. kahoot/blooket	Mind maps
Dual coding (images link to keywords/concepts)	Mnemonics (create a rhyme)
Timelines	Keywords (definitions)
Other (please state)	

Strategy I used	Tick one...	How did this strategy help you prepare?
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	

# History Exam Wrapper



How did you prepare for this mock exam?

Possible revision strategies:

Cornell Method	Flash cards	Dual coding	Interleaving
Mnemonics	Mind maps	Graphic organisers	Timelines
Quizzes	Keywords	Practice Questions	Other (please specify)

Strategy I used	Tick one...	How did this strategy help you prepare?
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	
	<input type="checkbox"/> This is how I usually prepare <input type="checkbox"/> This was a new strategy for me	

Tick all that apply:

- I gave myself plenty of time to prepare for this exam
- I looked after myself in the lead up to this exam (food, water, sleep, exercise)
- When I sat down to begin this exam, I felt well-prepared
- I fully understood how to answer/structure all of the questions in the exam
- I gave myself equal time for revising both units

# Maths Exam Wrapper

Next time I will....

*consider the strategies you will use as well as how you manage your time and wellbeing*

# Science Exam Wrapper



Topic Test: Atmosphere

When did you start revising for this test? The week before the test.

How long did you revise for this test? 1.5 hours

Did you do your revision in one sitting or over multiple different days? Evenings in 2 days

Which revision strategies did you use to help you revise this topic? How much time did you allocate to each of the strategies you used?

Learning Strategy	Used It (Yes/No)	Percentage of time spent on :			
		0 %	20%	40%	60%
Reading Classnotes	yes			✓	
Reading textbook/revision guide	yes				✓
Highlighting key information					
Making flashcards/mindmaps					
Writing summaries of concepts					
Dual Coding – drawing pictures of key concepts					
Studying with Friends					
Interleaved Practice – Revising small chunks over several different days					
Revision resources such as Seneca Learning	yes				
Practice tests/self testing	yes			✓	
Past exam questions					
Other					

Thinking to your test, where did you lose marks? (Tick all that apply)

- Not understanding key concepts (I just didn't get it)
- Careless mistakes
- I changed from a correct answer to an incorrect answer
- Not being apply knowledge
- Trouble remembering what I studied
- Haven't learn key definitions/terminology
- Test anxiety
- Other

Did the strategies you use help you learn the topic content? Why/Why not?

Not really because there were certain things I didn't have time to cover with my method of revising.

How could you improve your test score? What strategy (one from the list above or another you know) could you use next time when preparing for a topic test? (Pick at least 2)

Making flash cards and mind maps to help me memorise facts

If you get stuck during revision, what could you do?

Email a teacher, ask parents or friends, research online.