















Self-assessment



Skill	Component				
	I talked at a speed that listeners could understand what I was saying				
	I spoke loudly enough and changed the tone of my voice where necessary				
	I used gesture, posture and eye contact to support what I was saying				
	I chose the right words for my subject				
	I organised the content well				
	I used metaphors, humour and other strategies to engage the audience				
	I managed the timing well				
	I thought about how the audience would understand my talk				
	I was confident and lively when I spoke				
	I could listen and respond to questions				



In order to improve my presentational talk, next time I will.....